



**Choose 2**



**Choose 2**



**Choose 2**

Organise your school things for 3 weeks including packing your school bag and remembering your PE kits without any reminders ask your parents to sign you off.

I1) Date completed:

Signed:

Learn how to:

- Fix a puncture and a dropped chain on a bike.
- Change a lightbulb, in a ceiling light.
- Change the batteries in a remote control
- Wash a car
- Pick up a heavy box correctly
- Climb up a ladder safely
- Mend or customise an item of clothing.

I2) Date completed:

Signed:

Independence challenge:

In the first week do these things with your adult's support

- Wash up after a meal making sure everything is clean and dry.
- Use a washing machine to wash a load of clothes.
- Iron your school shirt (with adult supervision).
- Clean a toilet, hob or oven.

Now try and do the same challenges, but all on your own!

I3) Date completed:

Signed:

Choose and do two of the following.

- Make a healthy dish showing you can prepare fresh fruits, vegetables or salad. Arrange it in an appetising way.
- Bake and decorate biscuits, cakes or scones. Share them with others in your class or Bromsgrove Badge group.
- Make a simple lunch snack for yourself and someone else.
- Make breakfast for three or four other people that includes two of these dishes:
  - toast with jam or marmalade
  - a dish using eggs

- a simple cooked breakfast, such as beans on toast
- porridge
- a muesli mix you have created
- tea or coffee
- freshly squeezed fruit juice

**I4) Date completed:**

**Signed:**

**Explain how and why you keep a garden tidy and free from weeds.**

**Grow four kinds of fruits, vegetables, herbs or annual flowers from seed or bulb. Transplant the seedlings then tend and train them as necessary. Discuss with the tester how you will use what you have grown.**

**Do each of the following.**

- Show the tools you use to care for your garden and how you keep them in good condition.
- Know the dangers of tools left lying around.
- Know the dangers of garden products such as weed-killers.

**Show how the following affect your garden:**

- light and shade
- temperature and weather conditions
- soil types

**I5) Date completed:**

**Signed:**

**Understand, explain the importance of and show**

- How to wash your hands
- How to brush your teeth

**Make flashcards or a poster to help a younger child follow a healthy morning routine.**

**Find out about how bacteria are spread invent a game or make a presentation to explain this to the rest of your Bromsgrove badge group.**

**Make your own cleanser.**

**I6) Date completed:**

**Signed:**

**When you are in Year 6 you will be part of the Student Leadership Team. Think of a project that you would like to carry out over the year. Discuss this with your teacher and other members of your Student Leadership committee. You will need to explain how your final project shows you are an Independent Learner.**