

Important information for teachers of 0413 Cambridge IGCSE™ Physical Education, 0995 Cambridge IGCSE™ 9-1 Physical Education and 5016 Cambridge O Level Physical Education

Important information for teachers of Physical Education

If you have made entries for 0413 Cambridge IGCSE Physical Education, 0995 Cambridge IGCSE 9-1 Physical Education or 5016 Cambridge O Level Physical Education, please read this notice before submitting your coursework sample.

Before you send your coursework sample

- Review the recordings of your candidates to make sure that the marks you have given are supported by what they do in the recording.
- Please read the [Coursework Guidelines Booklet](#) for each activity that you send to us. In particular, please read the information about the assessment conditions and criteria.
- Make sure that the activities you record and use for assessing your candidates' performance are at the right level of demand. If you are giving your candidates high marks, you must make sure that the activity or match is demanding enough. In games, think about the ability of the other players in the match and the number of players in the match when deciding whether the match will give players the opportunity to demonstrate their abilities as a player.
- Make sure that you have included recordings of every activity that at least one of your candidates has completed.

Here are some points to be aware of when you prepare your sample for coursework submission

- You must send us a paper copy of the Order of Merit forms for each activity and a Coursework Assessment Summary Form with the coursework. You can find these forms on the [samples database](#).
- In your sample packet, please group the Coursework Assessment Summary Form and Order of Merit forms together at the front of packet. If you have any other notes or information, please keep these separate in the packet.
- Use the Generic Order of Merit Form to write down specific information on individual activities, such as times in personal survival and wind speed in sailing. Record these on the form's 'Criteria-specific information' column.
- There are some combinations of activities that are not permitted. You can find information on what these are in Coursework Guidelines Booklet.
- In Hill Walking and in Weight Training for Fitness, you must produce logs for each candidate. Please send logs for all candidates who complete these activities to Cambridge International with your sample. Do not just send the logs for the sample candidates only.
- When you are preparing your recordings of candidates' performances, please organise your recordings so that recordings of the same activity are presented together. For example, organise your recordings so that all recordings of Tennis are saved together.

On the following pages, there is important information about specific activities. Please read these before you submit your samples for moderation by Cambridge International.

Information on specific activities

Games Activities

- Make sure that the games you record and use for assessing your candidates' performance are at the right level of challenge. If you are giving your candidates high marks, you must make sure that the activity or match is demanding enough. Think about the ability of the other players in the match and the number of players in the match when deciding whether the match will give players the opportunity to demonstrate their abilities as a player.
- We recommend that you assess your candidates in full versions of the game with opponents and team mates of a suitable standard. You may find that inter-school matches will be suitable to film. Filming games with a limited number of players or games with weak opposition will limit the marks the candidates can receive.
- In Netball, please use positional bibs from the start of the filmed evidence.
- In Association Football, you can include goalkeeping skills when you are assessing candidates. However goalkeepers must also demonstrate the other skills of passing, receiving, tackling, dribbling, heading and shooting in the recordings you send to us.
- In Games Activities, boys and girls should be assessed in separate games, i.e. boys against boys and girls against girls where possible.

Dance

- You must assess candidates based on one dance only.
- Candidates who are receiving marks in Level 4 and above must dance on their own, except where the dance expressly requires a partner, e.g. ballroom.
- Some traditional / historical dance styles can be repetitive and static, which may not present the correct level of demand to allow candidates to access the marks in the higher bands of the marking criteria.

Athletic Activities

- In Cross-Country Running, it is helpful if you film the stopwatch showing the finishing times of the sample candidates. You should also provide a map of the course in the sample packet.
- In Track and Field Athletics, for the 100m, the 200m and the hurdles events, you should give candidates a mark based the total time of their two best attempts at the event. Filming of both of these two attempts is required for the sample candidates. Filmed evidence in Track and Field Athletics needs to show close-up shots of the tape measure or stopwatch to confirm results for sample candidates. Please measure carefully and precisely. You must comply with standard rules and regulations for all events. This means that you should discount 'no throws/jumps' and that you should use standard equipment, for example, javelins without attachments or fins.
- In Track and Field Athletics, you should assess candidates in two events from two of the three different groups: track, jump and throw. Combinations of sprint events such as the 100m and 200m are not possible.
- In Weight Training for Fitness, a log must be produced by the candidate.
- In Weight Training for Fitness, you should film the candidate's optimum performance.

Outdoor and Adventurous Activities

Hill Walking

- You must film candidates completing Hill Walking. Each candidate must produce a log/individual candidate route sheet. For candidates who have been given high marks, you must also film and assess their response to an unforeseen situation.
- In Hill Walking, candidates must walk the required distance in two days. They must camp for two nights, the first night being before the expedition walk is started.
- Candidates must camp and not stay in hostels.

Other Outdoor and Adventurous Activities

- In Orienteering, Rock Climbing, Skiing, Snowboarding and Mountain Biking, you must provide evidence of the difficulty of the course.
- In Horse Riding, you should assess candidates on horsemanship, control of the animal and jumping, not cross-country or dressage.
- In Sailing and Windsurfing, you must provide evidence of the wind speed and/or assessment conditions.

Swimming Activities

- In Personal Survival and in Life Saving, part of the marking criteria is focused on how quickly the candidate completes the tasks. Therefore, you should write down the times achieved for these activities for all candidates. Please record these times on the 'Criteria-specific information' column of the Generic Order of Merit Form.
- In Personal Survival, candidates should complete the tasks in the order stated in the Coursework Guidelines Booklet and as a continuous task.
- You should record close-up shots of the stopwatch in Personal Survival and Competitive Swimming and submit these to Cambridge International for all sample candidates.