## School years and age ranges

In this guide we refer to school years. The table below gives you an idea of how these school years correspond to learner ages from a sample of school systems in different countries.

<table>
<thead>
<tr>
<th>Age</th>
<th>UK school year system</th>
<th>Malaysia school year system</th>
<th>New Zealand school year system</th>
<th>Pakistan grade system</th>
<th>US grade system</th>
</tr>
</thead>
<tbody>
<tr>
<td>0–4</td>
<td>Nursery/Pre-school</td>
<td>Pre-school playgroup</td>
<td>Early childhood education</td>
<td>Pre-school</td>
<td>Pre-kindergarten 3-4</td>
</tr>
<tr>
<td>4–5</td>
<td>Reception</td>
<td>Kindergarten</td>
<td>Early childhood education</td>
<td>Pre-school</td>
<td>Pre-kindergarten 4-5</td>
</tr>
<tr>
<td>5–6</td>
<td>Year 1</td>
<td>Kindergarten</td>
<td>Year 1</td>
<td>Grade 1</td>
<td>Kindergarten</td>
</tr>
<tr>
<td>6–7</td>
<td>Year 2</td>
<td>Standard 1</td>
<td>Year 2</td>
<td>Grade 2</td>
<td>Grade 1</td>
</tr>
<tr>
<td>7–8</td>
<td>Year 3</td>
<td>Standard 2</td>
<td>Year 3</td>
<td>Grade 3</td>
<td>Grade 2</td>
</tr>
<tr>
<td>8–9</td>
<td>Year 4</td>
<td>Standard 3</td>
<td>Year 4</td>
<td>Grade 4</td>
<td>Grade 3</td>
</tr>
<tr>
<td>9–10</td>
<td>Year 5</td>
<td>Standard 4</td>
<td>Year 5</td>
<td>Grade 5</td>
<td>Grade 4</td>
</tr>
<tr>
<td>10–11</td>
<td>Year 6</td>
<td>Standard 5</td>
<td>Year 6</td>
<td>Grade 6</td>
<td>Grade 5</td>
</tr>
<tr>
<td>11–12</td>
<td>Year 7</td>
<td>Standard 6</td>
<td>Year 7</td>
<td>Grade 7</td>
<td>Grade 6</td>
</tr>
<tr>
<td>12–13</td>
<td>Year 8</td>
<td>Form 1</td>
<td>Year 8</td>
<td>Grade 8</td>
<td>Grade 7</td>
</tr>
<tr>
<td>13–14</td>
<td>Year 9</td>
<td>Form 2</td>
<td>Year 9</td>
<td>Grade 8</td>
<td>Grade 8</td>
</tr>
<tr>
<td>14–15</td>
<td>Year 10</td>
<td>Form 3</td>
<td>Year 10</td>
<td>Grade 9</td>
<td>Grade 9</td>
</tr>
<tr>
<td>15–16</td>
<td>Year 11</td>
<td>Form 4</td>
<td>Year 11</td>
<td>Grade 10</td>
<td>Grade 10</td>
</tr>
<tr>
<td>16–17</td>
<td>Year 12</td>
<td>Form 5</td>
<td>Year 12</td>
<td>Grade 11</td>
<td>Grade 11</td>
</tr>
<tr>
<td>17–18</td>
<td>Year 13</td>
<td>Form 6</td>
<td>Year 13</td>
<td>Grade 12</td>
<td>Grade 12</td>
</tr>
</tbody>
</table>
Cambridge IGCSE subjects with alternative courses

The list below details the subjects we offer with a number of alternative courses. For example, in mathematics we offer a Cambridge IGCSE with an investigation paper and one without. This flexibility means you can select the course that best meets your learners’ needs. Some of our alternative subject courses have particular restrictions (barred combinations) when it comes to the exams.

### Cambridge IGCSE science courses
- Cambridge IGCSE Combined Science
- Cambridge IGCSE Co-ordinated Sciences (Double award)
- Cambridge IGSCE Biology
- Cambridge IGSCE Chemistry
- Cambridge IGCSE Physics
- Cambridge IGCSE Physical Science
- Cambridge IGCSE Agriculture
- Cambridge IGCSE Environmental Management
- Cambridge IGCSE Food & Nutrition

### Cambridge O Level science courses
- Cambridge O level Physics
- Cambridge O level Chemistry
- Cambridge O level Biology
- Cambridge O level Combined Science
- Cambridge O level Agriculture
- Cambridge O level Food & Nutrition

### Cambridge IGCSE mathematics courses
- Cambridge IGCSE Mathematics
- Cambridge IGCSE Mathematics - Additional
- Cambridge IGCSE International Mathematics

### Cambridge O Level mathematics courses
- Cambridge O Level Mathematics
- Cambridge O Level Mathematics - Additional

### Cambridge IGCSE computing courses
- Cambridge IGCSE Computer Science
- Cambridge IGCSE Information and Communication Technology

### Cambridge O Level computing courses
- Cambridge O Level Computer Science

For a full list of the subjects, including different language options, we offer across our programmes and qualifications please see the latest Cambridge prospectus available at [www.cambridgeinternational.org](http://www.cambridgeinternational.org)
### Student Self-Efficacy Questionnaire

Read the statements below and circle the response that best describes you. Be honest. There are no right or wrong answers. Please keep for reference at a later date.

<table>
<thead>
<tr>
<th>Student name:</th>
<th>Class:</th>
<th>Date:</th>
<th>0 = Not like me at all</th>
<th>1 = A little like me</th>
<th>2 = Like me</th>
<th>3 = A lot like me</th>
</tr>
</thead>
</table>

1. I can learn what is taught in the class.  
2. I can succeed at anything if I try hard enough.  
3. If I practised every day, I could develop any skill.  
4. Once I have decided to accomplish something that is important to me, I keep trying, even if it is harder than I originally thought.  
5. I am confident that I will achieve the goals that I set for myself.  
6. When I am struggling and taking longer to complete something that I find difficult, I focus on my learning and change approach, instead of feeling discouraged.  
7. I will succeed in whatever career path I choose.  
8. I will succeed in whichever college/university course I choose.  
9. I believe hard work always pays off in the end.  
10. My ability/capacity grows with effort and hard work I am prepared to put in.  
11. I believe that the brain can be developed, just like a muscle.  
12. I think that, no matter who you are, you can significantly improve your level of capability.

Total =

### Glossary

1. **Ability**: talent, skill, or proficiency in a particular area.
2. **Goal**: the object of a person’s ambition or effort; an aim or desired result.
3. **Skill**: the ability to do something well; expertise.
4. **Capability**: the power or ability to do something.