Training Activity A3: Preparing and Delivering a Lesson

Objective:
This is a motivational exercise to share experience and build confidence.

Instructions:
Distribute sticky labels or ‘Post It’ notes. Ask colleagues to think of all of the different things they do when preparing and delivering a lesson. Invite them to write each one on a separate label or note and stick it on a large sheet of paper displayed for all to see. The following discussion can be very entertaining but it has a serious side too in recognising all of the skills that a teacher has to practise in the classroom.

The list below is just a sample that might come from Activity 3.

They are not presented in order of importance:

– Prepare lessons / resources
– Instructing a class
– Letting learners talk
– Make tasks accessible to all
– Sharing achievements
– Giving praise and rewards
– Asking questions
– Setting tasks
– Marking work
– Leading discussions
– Sharing learning intentions (objectives)
– Setting homework
– Setting targets
– Letting learners take the lead
– Observing learners
– Discussing with groups
– Discussing with individuals
– Helping an individual
– Explaining things
– Answering questions
– Offering reassurance

The list can go on and on.

It is possible that all of the above could occur during one lesson. Good management of time, resources and, most important of all, the learners can make it all happen!